2017 Raid Rockingham Important Rider Information

PACK: You'll want to bring at least one tube (2 would be better), patches and a pump. A multi-tool, chain-breaker and link would be a good idea. Make sure your bike is in good working order *before* you arrive; you are self-supported for mechanicals. <u>A helmet is required</u>. A smartphone with GPS could be handy. Course info including map and GPX can be found here. We'll have a limited supply of printed cue sheets at the ride too.

<u>ARRIVE:</u> The Packet Pick Up and Start area is at Newmarket High School (for GPS use 213 South Main Street, Newmarket NH).

<u>PARK:</u> Parking will be available at the High School and adjacent Lamprey Health Care lots. Overflow parking is available in the dirt lot across the street from the High School.

<u>PACKET PICK UP:</u> SATURDAY - Independent Fabrication (55 Main St Newmarket) 3:00-6:00PM. SUNDAY - Packet pick up at Newmarket High School (213 S. Main St Newmarket) opens at 7:30AM and we'll have the Riverside Rockets PMC team on site serving waffles and coffee (at suggested donation pricing).

<u>BAG DROP</u>: The Finish is again at The Stone Church, approx. ½ mile from the Start. You will eventually have to ride back to your parked car. If you would like dry clothes, etc. waiting for you at the Finish deposit them at the self-serve bag drop we'll have set up at the Start.

<u>RIDERS' MEETING:</u> At 8:30 we'll (quickly) cover some important on-the-course info and answer questions. Don't miss this meeting!

<u>ROLL:</u> First riders roll off at 9AM. Groups of riders will be released every few minutes in waves, according to your selected average pace. Pace group roll-off times will be announced at the event. IMPORTANT: If you arrive at the first rest stop after 11:30 you will be redirected to the 45-Mile route.

<u>REFRESH:</u> Water, Skratch, PB sandwiches and bananas will be available at the Mile 20 rest area; water, Skratch and granola bars at the Mile 40 stop. Make sure to refill your bottles! We'll also have a porto-john for your enjoyment at each location.

<u>SAG:</u> We will have vehicles or cyclists doing a sweep later in the ride, looking for stranded riders. It could be a wait for vehicle pick-up and a long, late ride back to the party. The best way to avoid this travesty is to make sure your bike is prepared and ride with a group (pity goes a long way:)

<u>CELEBRATE:</u> After making the final climb up the Rockenberg to The Stone Church, we've got great food, beer and music waiting for you! We've got a bike corral to store your bike while you enjoy the festivities and you can later ride back to your car at the High School. <u>Please bring your bib number and ID to the party to get served.</u>

NO PARKING AT THE STONE CHURCH! Use in-town parking and walk over/up as needed.